



Phambili

Phambili Woman's Shelter

Coreg: 2017/229078/08

NOV 2019

A decorative header banner with a dark purple background. It features a large light purple circle on the right side, a smaller light purple circle below it, and a vertical pink rectangle on the far right. The word "VISION" is written in white, bold, uppercase letters on the left side of the banner.

VISION

- ▶ To support and strengthen women to be able to break free from physical, emotional and economical abuse and in so doing, diminish the occurrence of Domestic Violence/GBV.

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MISSION

- ▶ To provide and sustain, with the support of the community, a temporary place of safety for abused women and their children.
- ▶ With intervention and counselling we aim to restore self-esteem, empower, educate, rehabilitate and reintegrate women into the community.

BACKGROUND

- ▶ Phambili (meaning **onwards and forwards** in isiXhosa) was **initiated by the Outeniqua Business and Professional Woman's Club on 25 April 1999 as part of four other projects.**
- ▶ The four projects were all created to address domestic and gender-based violence in the George area. The projects consist of the interdict offices at the George and Thembalethu Court, the intermediary rooms at the George and Thembalethu Court, Phambili Woman's Shelter and the Rape Crises Room in George Hospital.
- ▶ **Today Phambili Woman's Shelter operates on its own as an NPO .**



SERVICES RENDERED AT PHAMBILI SHELTER

- ▶ Secure Accommodation for a period of 3 months

- ▶ Therapeutic Programmes For Women And Their Children

To restore self-esteem, empower, educate and reintegrate them into the community.

- ▶ Accredited Skills Development

To equip residents with accredited skills in order for them to find better employment opportunities.



- ▶ Professional Counselling And Information Regarding Domestic Violence And Abuse

- ▶ Life Skills Training To Foster Independence

- ▶ Child-care Developmental Programme

To stimulate the children's mental capacities and educational abilities.

- ▶ A Caring Programme, Assessment, Referrals And A Place Of Safety

- ▶ After Care Programme

To ensure that the residents are involved in an integrated system of care that guides and tracks the residents over an extended period of time after they leave the shelter.



OTHER PROGRAMMES

▶ **GYM**

To improve and maintain physical fitness and overall health.

▶ **SANCA (PARENTING SKILLS & SUBSTANCE ABUSE)**

To enable residents to lead their children into healthy adulthood, influence their development, maintain and form their children's negative and positive behaviors.

▶ **SPIRITUAL GROUP**

To encourage social and spiritual support which may provide a sense of belonging, security and community.

▶ **JUDO (SELF-DEFENSE)**

To teach residents the necessary techniques to defend themselves when targeted by crime or violence.

SUPPORT SERVICES

- ▶ **Phambili Woman's Shelter also offers support services in terms of:**
- ▶ Applying for protection orders (interdicts)
- ▶ Hospital and Clinic visits
- ▶ School attendance and transport
- ▶ SASSA
- ▶ Dept. of Home Affairs
- ▶ Municipality
- ▶ Dept. of Labour
- ▶ Courts
- ▶ SAPS

STATISTICS APRIL 2018- MARCH 2019

▶ **New cases - 188**

▶ **Protection Order applications – Thembalethu Court & George court: 1401**

▶ **Counselling/Therapeutic services – 233**

Therapeutic interventions aim to empower women, to deal with the trauma of abuse, to raise their self-esteem and make them less vulnerable. Individual therapy is done with women and children.

▶ **Community Outreaches- 172**

Community outreaches aims to educate the community on domestic violence and the impact it has on the individual, family and the broader community. It informs the community on resources available to them and where they can go for help. It also makes the community aware of Phambili and the services rendered by the refuge.

▶ **Accredited Skills Training- 13**

Accredited skills training aims to equip residents with accredited skills for them to be able to find employment opportunities and empower themselves.

CHALLENGES

- ▶ **Second Stage Housing / Transitional Housing**
- ▶ **Drug And Alcohol Abuse**
- ▶ **Unemployment Of Women**
- ▶ **Other Funding Opportunities**



FUTURE PLANS

- **Acquire Own Building**
- **Expanding Of Accommodation And Services**
- **Linking With Organizations/Businesses For Employment Of Women**



Hester Greef – Phambili (Director)



Thank You

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