

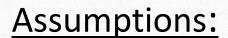
Alcohol Harms Reduction Game Changer Workshop

Primary Goal

To develop action plans that mitigate the excessive use/abuse of alcohol in our communities and hence reduce the harm caused







- 1. The use and abuse of alcohol in many of our communities has reached a critical level
- 2. The impact of this is weighing heavily on our communities on many levels:
 - Socially; family values, parenting, domestic violence....
 - Emotionally; depression, mood swings, unpredictable behaviour.....
 - Financially; low productivity, missing work
 - Crime
- 3. The impact is not only on adults, but also on children either through the actions and behaviours of their parents, or the growing alcohol consumption amongst the youth.

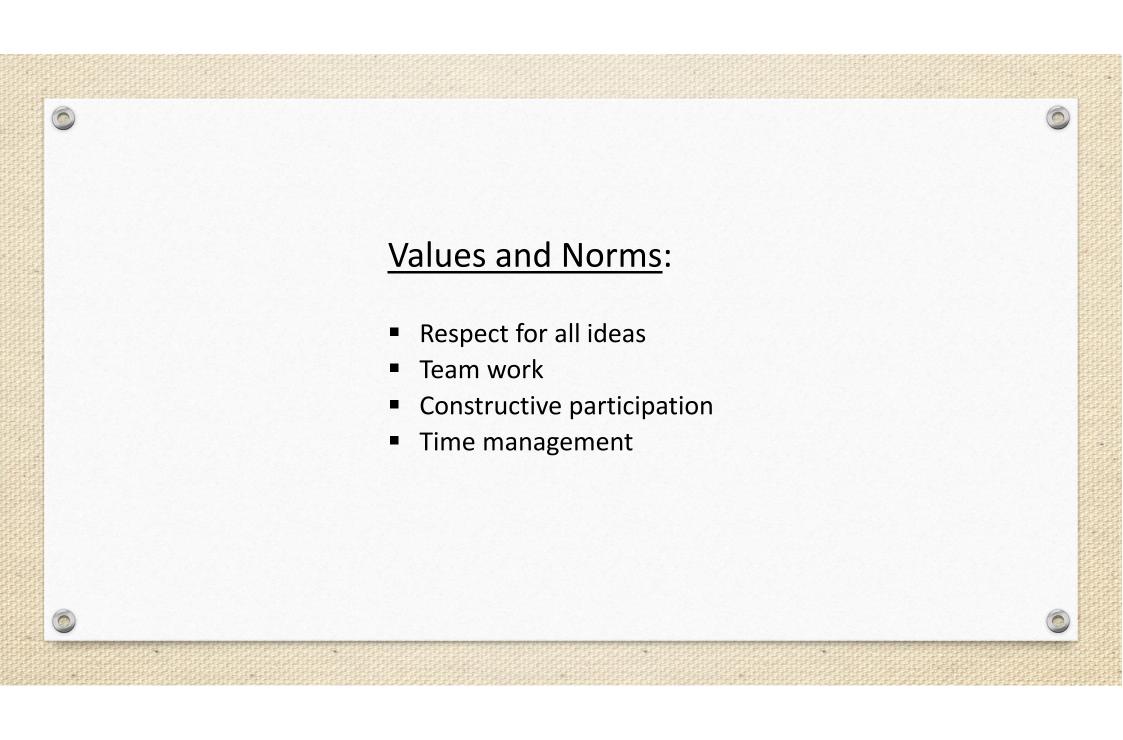


Overview of the Workshop:

Step 1: What is causing the excessive usage of alcohol within our community? (Adults and Youth)

Step 2: What resources are there in the community that can potentially mitigate these causes?

Step 3: What is the action plan going forward?



Step 1: Question to be Asked:

Why is there an excessive amount of alcohol being consumed in our communities i.e. what is causing this crisis?

- Adults e.g. liquor outlets, policing, self esteem, educational level......?
- Youth e.g. is failing family value systems, lack of supervision, inadequate schooling, gangsterism, media, boredom, lack of opportunity?

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GOAL:			
OBJECTIVE(S):			

RESPONSIBLE RESOURCE	PLAN OF ACTION	TIME FRAME	EXPECTED OUTCOME	WHO WILL BE THE DRIVER
•	•	•	•	•
•	•	•	•	•
•	•	•	•	•
•	•	•	•	•
•	•	•	•	•
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Community Safety Plan Presentation

SMART work

To be workable, the elements of your projects at the levels of impacts/outcomes and objectives need to be:

Specific,
Measurable,
Achievable,
Realistic and according to a
Time schedule.







Ms Lynn Stoker from Knysna Initiative for Learning and Teaching (KILT)



